









Monday morning manifesto

<p>Something I will do this week to help my friends:</p> 	<p>Something I will do this week to help my teacher:</p> 	<p>Something I will do this week to help my school:</p> 
<p>This week, I am looking forward to</p> 	<p>This week, I am determined to</p> 	<p>This week, I am not looking forward to</p>
<p>I will respect and look after myself in the following ways</p> 		<p>But I will try to</p>  

Teacher tips

Use this resource to stimulate positive discussion with your students so that they can begin to think positively about the week ahead.

The resource could then be revisited at the end of the week to check progress and celebrate success.

Ideas for students:

<p>Something I will do this week to help my friends: Being kind to someone, playing with someone who is lonely, helping someone with their work.</p>	<p>Something I will do this week to help my teacher: Tidying up/setting up the classroom, being a buddy, helping other with their work.</p>	<p>Something I will do this week to help my school: Playground buddy, helping to clear tables, donating a book to the library, make a poster to encourage pupils to ***</p>
<p>This week, I am looking forward to Encourage students to think about school and their personal life.</p>	<p>This week, I am determined to Again, this could be an achievement based on school work, or something more personal.</p>	<p>This week, I am not looking forward to Again, this could be an achievement based on school work, or something more personal. But I will try to Encourage students to think positive and come up with coping strategies.</p>
<p>I will respect and look after myself in the following ways This could be linked to diet, exercise, hobbies, relaxing or anything else that makes them feel happy.</p>		