

# Conversation cards – Relationships and sex

What would you expect to see in a healthy relationship?	What would you expect to see in an unhealthy relationship?	Is jealousy in a relationship a positive or negative thing?
What is consent?	When can someone <u>not</u> consent to sexual activity?	Do you agree with the UKs age of sexual consent? (16)

<p>Would you feel comfortable talking to your parents/carers about sex?</p>	<p>Do teenagers feel pressure to be sexually active?</p>	<p>Do you think males and females are treated differently if they are sexually active?</p>
<p>Would you know where to go to get emergency contraception?</p>	<p>How would you hope to react if your friend told you they were homosexual?</p>	<p>What are the positives of having a romantic relationship in your teens?</p>
<p>What are the negatives of having a romantic relationship in your teens?</p>	<p>Which celeb couple are a good example of a healthy romantic relationship?</p>	<p>Which celeb couple are a good example of an unhealthy romantic relationship?</p>

Which 3 personality traits would you want in a romantic partner?	What personality trait would be the biggest turn off in a romantic partner?	Does the media put pressure on teenagers to have sex?
Is it ever acceptable to swear at your boyfriend/girlfriend?	Why might some people stay with partners who abuse them?	What is emotional abuse?
What are the risks of sending a naked picture to your boyfriend/girlfriend?	What are common symptoms of sexually transmitted infections?	Would you know where to go if you were worried about having a sexually transmitted infection?

## Teacher tips:

These chat checks are a tool to facilitate frank and honest discussion about relationships and sex, it is therefore vital that the teacher familiarises themselves with the cards prior to the session so that they are prepared for any potential questions and/or debate points.

**Idea 1** – Circle time, print out and cut up. Have the cards face down on the floor, students take it in turns to pick a card, read it out and discuss.

**Idea 2** –  $\frac{1}{2}$  and  $\frac{1}{2}$ . Split the class into 2 circles/groups. One group discuss the grey cards, the other the white. Then bring together for each group to share their opinions with their peers (this method is more appropriate for older students)